

WV COURT IMPROVEMENT PROGRAM

SUPPORTING FAMILIES
FACING SUBSTANCE ABUSE:
PRACTICAL TIPS AND IDEAS

Kristen D. Antolini, Esq.





Overview

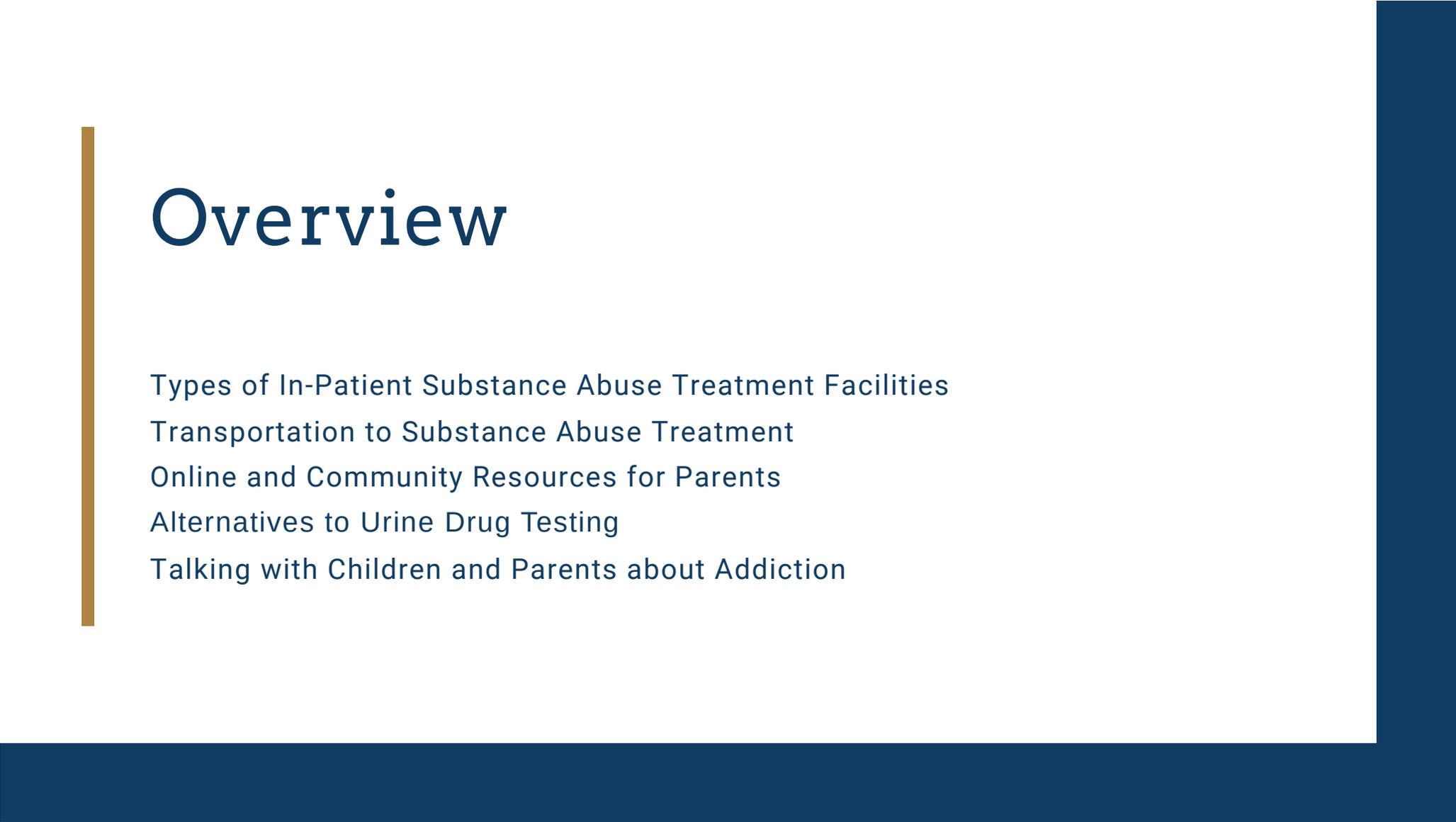
Types of In-Patient Substance Abuse Treatment Facilities

Transportation to Substance Abuse Treatment

Online and Community Resources for Parents

Alternatives to Urine Drug Testing

Talking with Children and Parents about Addiction



Types of In-Patient Substance Abuse Treatment Facilities

Detox
Facilities

28-Day
Programs

90-Day
Programs

6 to 9
Month
Programs

Help4WV

844-Help4WV

www.help4wv.com

- Help4WV is a 24/7 call, chat, and text line that provides immediate help for any West Virginian struggling with an addiction or mental health issue.
- Help4WV is designed to streamline the process of obtaining treatment for behavioral help issues.
- Many individuals answering the helpline are peer-support specialists or recovery coaches – many have had personal experience in recovery.
- Help4WV can assist in helping parent apply for Medicaid.
- TIP: Call Help4WV with a parent. Be their voice. Be their advocate.



**Why assist parents in
obtaining in-patient
substance abuse
rehabilitation?**

Detox Facilities

Highlands Hospital

Charleston, WV

304.926.1600

Male/Female Beds

FRMS Health Systems - CSU

Beckley, WV

304.265.7100

Male/Female Beds

Valley Health Care System

Morgantown, WV

304.225.2280

Male/Female Beds

Northwood Health

Wheeling, WV

304.233.3502

16 Male/Female Beds

28-Day Rehabilitation Facilities

Amity Treatment Center

Parkersburg, WV

304.485.1781

12 Male/Female Beds

ACT Unit

Fairmont, WV

304.363.2228 x4330

10 Male/Female Beds

Next Step

Dunbar, WV

304.766.7336

Male Only Beds

Pinecrest

Huntington, WV

304.525.7851 x5321

24 Male/Female Beds

28-Day Rehabilitation Facilities

Legends

Princeton, WV
304.425.9489
10 Male Beds

Waves

Bluefield, WV
304.800.4847
8 Female Beds

Anchor Point

Delbarton, WV
304.475.3366
12 Male/Female Beds

St. Joseph's

Parkersburg, WV
304.916.1881
64 Male/Female Beds

28-Day Rehabilitation Facilities

St. Francis Addiction Healing Center

Charleston, WV

304.766.4526

Male/Female Beds

Hope for Tomorrow

Point Pleasant, WV

304.857.6494

Male/Female Beds

Harmony Ridge

Walker, WV

304.867.4098

Male/Female Beds

Healthways

Wheeling, WV

304.242.0217

10 Male Only Beds

28-Day Rehabilitation Facilities

Healthways

Beach Bottom, WV

304.394.5507

10 Female Only Beds

WVU Center for Hope and Healing

Morgantown, WV

304.974.3100

12 Bed Detox/30 Bed Rehab

Male and Female

Mountaineer Recovery Center

Kearneysville, WV

304.901.2070 x125

49 Male/Female Beds

United Summit Center

Clarksburg, WV

304.342.3361

Male/Female Beds

90-Day+ Rehabilitation Facilities

Learn Program

Beckley, WV

304.256.7144

20 Male Only Beds

Inspires

Princeton, WV

304.818.2222

7 Male/6 Female Beds

John D. Good Recovery Center

Terra Alta, WV

304.789.3143

Male/Female Beds

Bob Mays Recovery Center

Clarksburg, WV

304.342.3361

18 Male/Female Beds

90-Day+ Rehabilitation Facilities

Renaissance

Charleston, WV

304.525.7851

18 Female Only Beds

Mother Program

Beckley, WV

304.265.7146

27 Female Only Beds

Recovery Point

Huntington/Charleston/

Bluefield/Parkersburg, WV

304.523.4673

Male/Female Beds

New Beginnings

Logan, WV

304.687.7903

Male Only Beds

Transportation

LogistiCare

The Bureau for Medical Services provides transportation for Medicaid members to substance abuse treatment facilities through LogistiCare. In order to make transportation arrangements for a client, you will need the client's full name, client's home address and phone number registered with Medicaid, and client's Medicaid ID number. A transportation request must be made five (5) days in advance.

www.logisticarewv.net
844.549.8353

TRANSPORTATION TIPS

- Request Help4WV arrange transportation for your client.
- If client is incarcerated, consider preparing Transport Order so that your client may be transported to the County Courthouse, ascertain whether community organization or volunteer might provide basic clothing and/or hygiene products, and request LogistiCare pick up client from County Courthouse.



Online Recovery Resources

TIP: Consider including a link to online recovery resources in your regular client correspondences to provide simple support.

VIRTUAL NA

<https://virtual-na.org>

SOBER GRID

www.sobergrid.com

IN THE ROOMS

www.intherooms.com

Connect to Community Resources

TIP: Consider having brochures for the schedule of local AA/NA meetings in your office to provide to clients.

CONNECT WITH PEER RECOVERY COACHES

- A peer recovery coach is an individual who initiated his/her own recovery journey, and now assists others who are in earlier stages of the healing process of recovery and can offer support and assistance.
- Encourage model parents to become certified peer recovery coaches and stay in touch with them as your future resource!



**ALWAYS BELIEVE
THAT A PARENT
CAN RECOVER.**

Alternatives to Urine Drug Testing



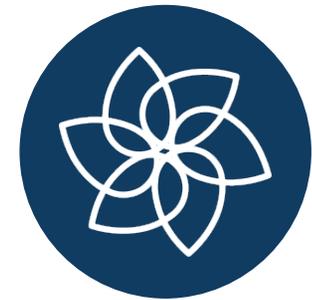
Sweat Patch Tests



Hair Follicle Tests



Oral Fluid Tests



Blood Tests



Sweat Patch Tests

HOW IT WORKS

- A patch is worn for 14 days on arm.
- The patch detects drug metabolites through sweat.
- The patch is sent to lab for testing.

ADVANTAGES

- Provides constant reminder of recovery obligation.
- Limits physical contact with drug testing staff.
- Cost effective compared to other testing options.

DISADVANTAGES

- Does not indicate frequency or quantity of usage.
- Does not test for fentanyl.

Sweat Patch Tests

MOVING FORWARD

- Could sweat patch tests be an incentive for a respondent who is doing well during an improvement period, especially if random drug testing is interfering with employment?



Hair Follicle Tests

HOW IT WORKS

- Collector obtains 90 to 120 strands of hair cut at scalp.
- The hair sample is sent to lab for testing.

ADVANTAGES

- Provides window of drug usage for past 90 days.

DISADVANTAGES

- Does not indicate frequency or quantity of usage.
- Requires 1.5 inches of unaltered hair.
- Payment must be authorized by Department or Court Order.



Hair Follicle Tests

What can be tested on a 5-panel extended opiate test?

- amphetamine/methamphetamine/ecstasy
- marijuana metabolite
- cocaine and metabolites
- opiates (codeine, morphine, 6-acetylmorphine)
- phencyclidine (PCP)

PROPOSED ORDER FOR HAIR FOLLICLE TEST

IN THE CIRCUIT COURT OF [INSERT COUNTY], WEST VIRGINIA

IN RE THE INTEREST OF:

[Child's Name] DOB: xx/xx/xxxx CASE NO. 20-JA- ____

ADULT RESPONDENTS: xxx, biological mother
 xxx, biological father

**AGREED ORDER DIRECTING ADULT RESPONDENTS
TO PARTICIPATE IN HAIR FOLLICLE TESTING**

The Court has been informed that the M.D.T. agrees that it is in the best interest of the minor child for the Adult Respondents to submit to a 5-panel extended opiates hair follicle test at [insert provider]. Pursuant to the parties' agreement, the Court ORDERS as follows:

1. The [insert party] shall pre-pay for the hair follicle test at [insert provider]. The [insert party] shall provide an invoice to the Department, and the Department shall reimburse the [insert party] within thirty (30) days of receipt of the invoice.
2. After [insert provider] receives a copy of this *Agreed Order* and payment has been made, the Adult Respondents shall appear for a 5-panel extended opiates hair follicle test during the regular business hours of [insert provider, address, and business hours].
3. The Adult Respondents shall not dye, shave, or otherwise alter his or her hair prior to the testing.
4. The [insert provider] is directed to provide the results from the Adult Respondents' hair follicle test to the Department of Health and Human Resources, [insert address].

The Clerk of the Court is hereby ORDERED to provide a certified copy of this order to all counsel of record and the [insert provider and address].

ENTER: _____

CIRCUIT COURT JUDGE



Oral Fluid Swabs

HOW IT WORKS

- A collector hands the client a mouth swab. The client places the swab in their mouth. The client returns the mouth swab to the collector after the requisite time has passed.

ADVANTAGES

- Limits physical contact with drug testing staff as the collector can hand the individual a swab and then swab returned after requisite time has passed.

DISADVANTAGES

- Does not provide for instant testing.



Blood Tests

HOW IT WORKS

- The collector pricks a client's finger and fills three spots on testing pad.
- The testing pad is sent to lab for testing.

ADVANTAGES

- The only test that cannot be tampered with or is "beatable."

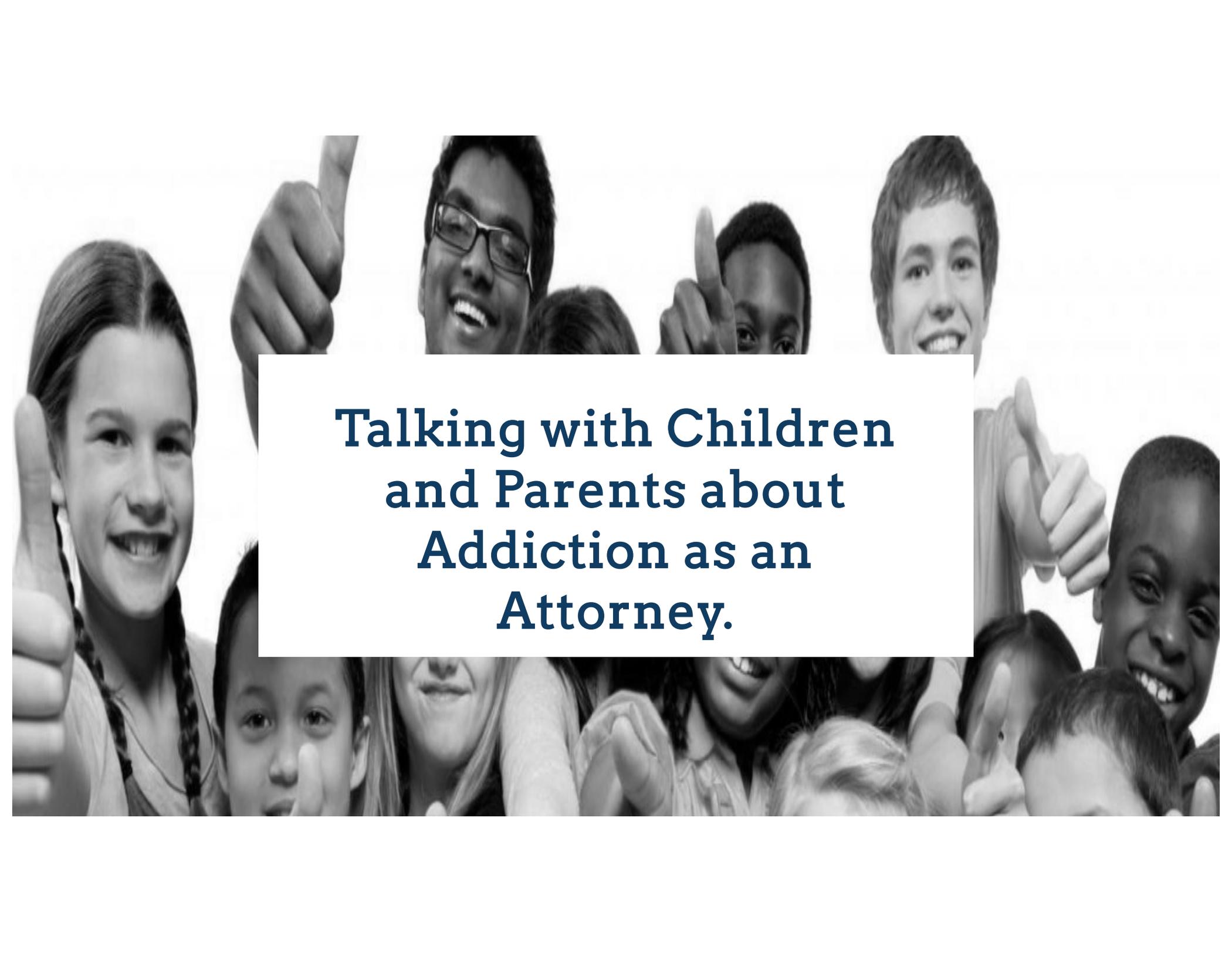
DISADVANTAGES

- Detection window is narrower than urine test.



How can I use drug screening results?

- Review the prescription drugs that the parent is being prescribed and consider whether a psychological evaluation and/or medication management appointment might be helpful. Consider whether a parent has substituted prescription medications in lieu of street drugs.
- Meet with the county director of your day report center and review parent's drug screen results with them.



**Talking with Children
and Parents about
Addiction as an
Attorney.**



Talking with Children About Addiction

CREATE YOUR OWN "SCRIPT"

Spend time preparing how you will explain to children the disease of addiction. Key points include:

- Addiction is a sickness in which adults need drugs or alcohol to make them feel ok.
- Adults need treatment – just like with any sickness – to get better.
- Many caring adults are here to support, listen, and take care of you.
- Addiction is a "grown-up" problem that you cannot "fix." This is not your fault.



Talking with Children About Addiction

- You are not alone. You can talk about it. Many other children share this journey with you.
- You cannot go home right now because it is not a safe place for you to live.
- Grown-ups called lawyers, judges, and caseworkers are working together to try to figure out the best plan to keep you safe. My part is to be the grown-up who speaks for you when the grown-ups are together working on the plan.
- I am here to listen.
- I am here to answer your questions the best I can.



Talking with Children About Addiction

ONLINE AND COMMUNITY RESOURCES

- Ask the child's therapist how they would like you to talk with the child about addiction. Participate in the child's therapy session to answer questions about addiction and the pending case. Try to use similar language to the child's therapist.
- **Sesame Street in Communities**
<https://sesamestreetincommunities.org>
Topics: Parental Addiction, Foster Care, Family Homelessness, Resilience, Incarceration, etc.
- Resources for Older Children and Teenagers
www.hazeldenbettyford.org

INTERACTIVE COMMUNICATION



Karli's 7 Cs

Children can color in Karli as an adult colors the background.
As you work together, you might discuss the 7 Cs:

- You didn't **Cause** the problem.
- You can't **Control** it.
- You can't **Cure** it.

But...

- You can help take **Care** of yourself.
- You can **Communicate** your feelings.
- You can make healthy **Choices**.
- You can **Celebrate** yourself!

For more resources, go to SesameStreetInCommunities.org

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The 7 Cs

You didn't **Cause** the problem.

You can't **Control** it.

You can't **Cure** it.

But...

You can help take **Care** of yourself.

You can **Communicate** your feelings.

You can make healthy **Choices**.

You can **Celebrate** yourself!

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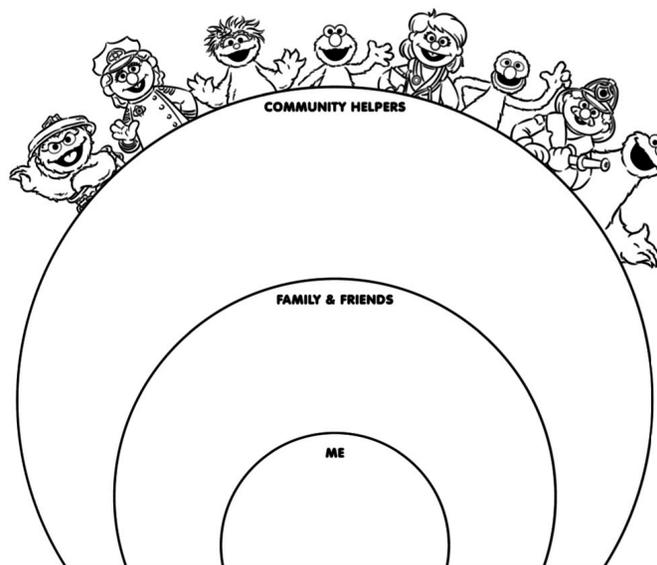
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INTERACTIVE COMMUNICATION



Family Activity: Our Circle of Care

There are so many people who care about you and are working hard to keep your family safe. Start by writing or drawing in a picture of yourself, then your family members and friends, then the helpers in your community. Tape this picture up to remind you of all the people you can reach out to for care and support.





Talking with Parents About Addiction

CREATE YOUR OWN "SCRIPT"

Spend time preparing your response to parents who share their struggle of addiction with you. Key points include:

- What you are going through must be really difficult.
- Addiction is a sickness, and you can get better with treatment.
- This case and experience can make you and your family stronger.
- We will do our best to take care of your children.
- We want to help you safely reunify with your children.



Talking with Parents About Addiction

HELP PREPARE PARENTS FOR VISITATION

Encourage parents to develop their own “script” for answering children’s questions about addiction with simple responses such as:

- Safe adults are helping me heal.
- Safe adults are taking care of you for as long as you need to be cared for.

Encourage parents to prepare for visitation by preparing a craft, a game, an activity, etc. Encourage parents to be attentive to their children – actions speak louder than words!



Training Survey

WV Court Improvement Program

<https://www.surveymonkey.com/r/TPYWGDY>

Please participate in a survey following today's CLE!

Please note that today's CLE session does not replace the required 8-hour Guardian ad Litem training.



How to Connect

Kristen D. Antolini, Esq.

EMAIL ADDRESS

kantolini@lyonsphillips.com

PHONE NUMBER

Office: 304.296.0123

Cell: 304.288.7904