

# Office of Children, Youth, and Families Programs Program's Overview

Kim Harrison, Program Manager  
Bureau for Behavioral Health  
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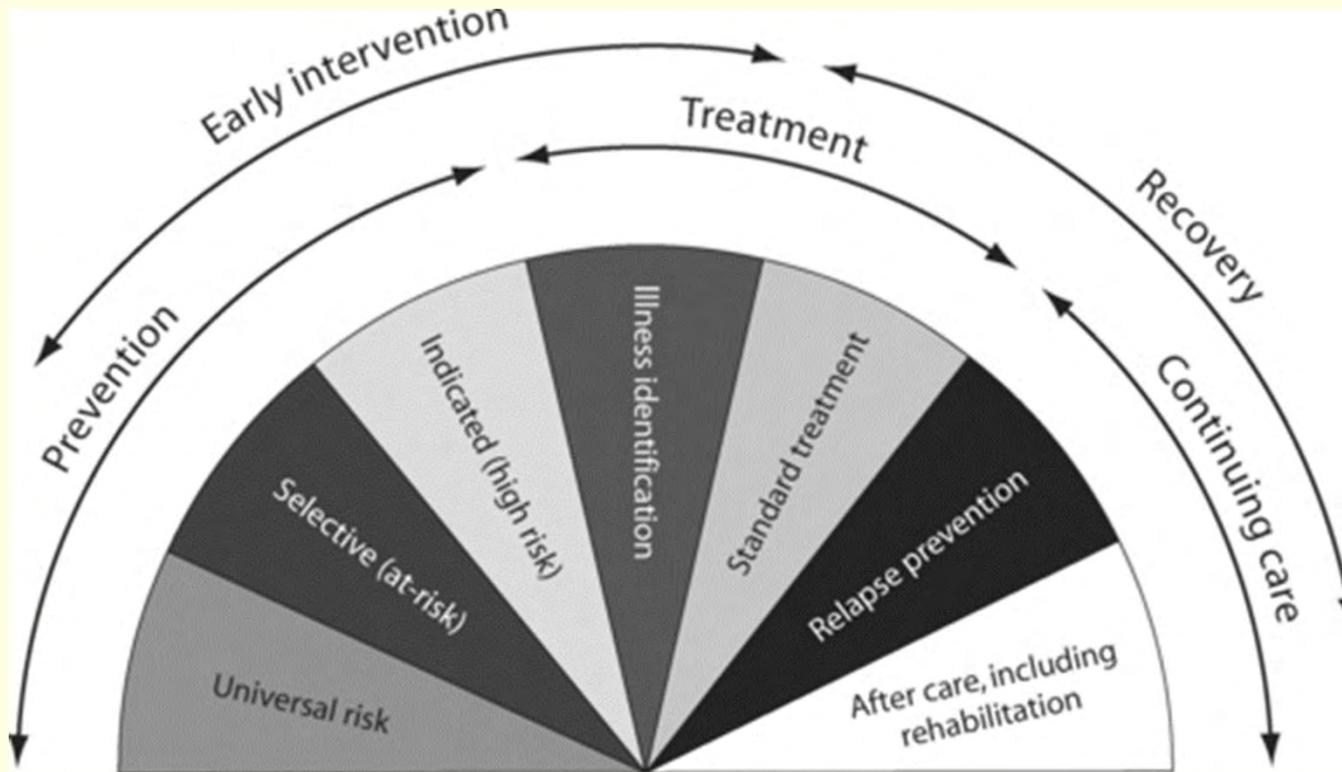
# Introductions



WELCOME

# The Continuum

## The Continuum



# BBH Children's Programs

- **Substance Use Prevention Work**
- **SYNAR**
- **Suicide Prevention**
- **Expanded School Mental Health**
- **ESMI (Early Serious Mental Illness)/FEP (First Episode Psychosis)**
- **Mobile Crisis Response Team**
- **Children's Mental Health Wraparound**
- **Regional Youth Service Centers**

# Substance Use Prevention

**Six regional Prevention Lead Organizations (PLOs) and 55 county coalitions develop and implement prevention strategies using SAMHSA's Strategic Prevention Framework (SPF).**

**Examples of prevention work:**

**Coalition meetings**

**Evidence-based programs in schools (e.g.,  
For Drugs)**

**Support and expansion of student leadership groups such as Students  
Against Destructive Decisions (SADD)**

**Help and Hope WV and Stigma Free WV websites and social marketing  
campaigns**

**Work to change community norms and local and state policies to  
prevent substance use and stigma (e.g., promotion of harm reduction  
initiatives)**



**Too Good**

# Substance Use Prevention

For more information about substance use prevention in West Virginia, visit <https://helpandhopewv.org/> .



# Substance Use Prevention and Work



PREVENTION LEAD ORGANIZATIONS				
REGION	CONTACT	AGENCY	COUNTIES SERVED	
1	Lori Bumba	Youth Services System 87 15 <sup>th</sup> St. Wheeling, WV 26003 (304) 233-9627	Brooke Hancock Ohio	Marshall Wetzel
2	Paige Mathias	Potomac Highlands Guild P.O. Box 1119 7 Mountain View St. Petersburg, WV 26847 (304) 257-1155	Berkeley Grant Hampshire Hardy	Jefferson Mineral Morgan Pendleton
3	Shelly Mize	Westbrook Health Services 2121 East Seventh St. Parkersburg, WV 26101 (304) 485-1721	Calhoun Jackson Pleasants Ritchie	Roane Tyler Wirt Wood
4	Elizabeth Shahan	Harrison County Family Resource Network, Inc. 118 N. 6 <sup>th</sup> St. Clarksburg, WV 26301 (304) 423-5049	Barbour Braxton Doddridge Gilmer Harrison Lewis Marion	Monongalia Preston Randolph Taylor Tucker Upshur
5	Karen Yost	Pretera Center 14 W. Washington St., Suite 201 Charleston, WV 25302 (304) 341-0511	Boone Cabell Clay Kanawha Logan	Lincoln Mason Mingo Putnam Wayne
6	Kathryn Kandas	Community Connections 215 S. Walker St. Princeton, WV 24740 (304) 913-4956	Fayette Greenbrier McDowell Mercer Monroe Nicholas	Pocahontas Raleigh Summers Webster Wyoming

# Partnerships for Success

- **5-year grant from SAMSHA**
- **Goal: Prevent & reduce underage drinking, intravenous drug use and marijuana use in high-risk students aged 9-20**
- **Previous grant focus on universal prevention**
- **Current grant's focus selective and indicated**

# SYNAR

In July 1992, Congress enacted the Alcohol, Drug Abuse, and Mental Health Administration Reorganization Act (PL 102-321), which includes an amendment (section 1926) aimed at decreasing youth access to tobacco.

This amendment, named for its sponsor, Congressman Mike Synar of Oklahoma, requires states to enact and enforce laws prohibiting the sale or distribution of tobacco products to individuals under the age of 18.

The Synar Amendment was developed in the context of a growing body of evidence about the health problems related to tobacco use by youth, as well as evidence about the ease with which youth could purchase tobacco products through retail sources. The Synar program has been successful in preventing youth tobacco use.

*For more information please see the Synar link:*

<http://dhhr.wv.gov/bhhf/Sections/programs/ProgramsPartnerships/AlcoholismandDrugAbuse/Pages/SYNAR.aspx>

# Suicide Prevention

## Prevent Suicide WV

- Collaborative statewide program resulting from the consolidation of the West Virginia Council for the Prevention of Suicide (WVCPS) program component and the Adolescent Suicide Prevention and Early Intervention (ASPEN)
- Ensure that we don't continue to lose our fellow West Virginians to suicide
- Funded through the Bureau of Behavioral Health and the Bureau for Public Health
- Provides a wide array of services to a lifespan population.

## Prevent Suicide WV provides:

- Increases capacity of *suicide prevention education* through awareness and gatekeeper trainings
- Incorporates comprehensive evidence-based protective measures to expand universal suicide prevention as well as messages of hope/help across the lifespan
- *Improves identification, referral and engagement interventions for at-risk individuals*
- Provides *technical assistance and consultation* services for suicide prevention, intervention and post-vention measures across systems and agencies
- Builds capacity of organizations serving vulnerable sub-populations to effectively deliver coordinated care.
- Produces a statewide infrastructure for culturally competent, caring, comprehensive, sustainable suicide prevention, intervention, and follow-up system of care.

*Prevent Suicide WV website - <https://preventsuicidewv.org/>*

# Expanded School Mental Health

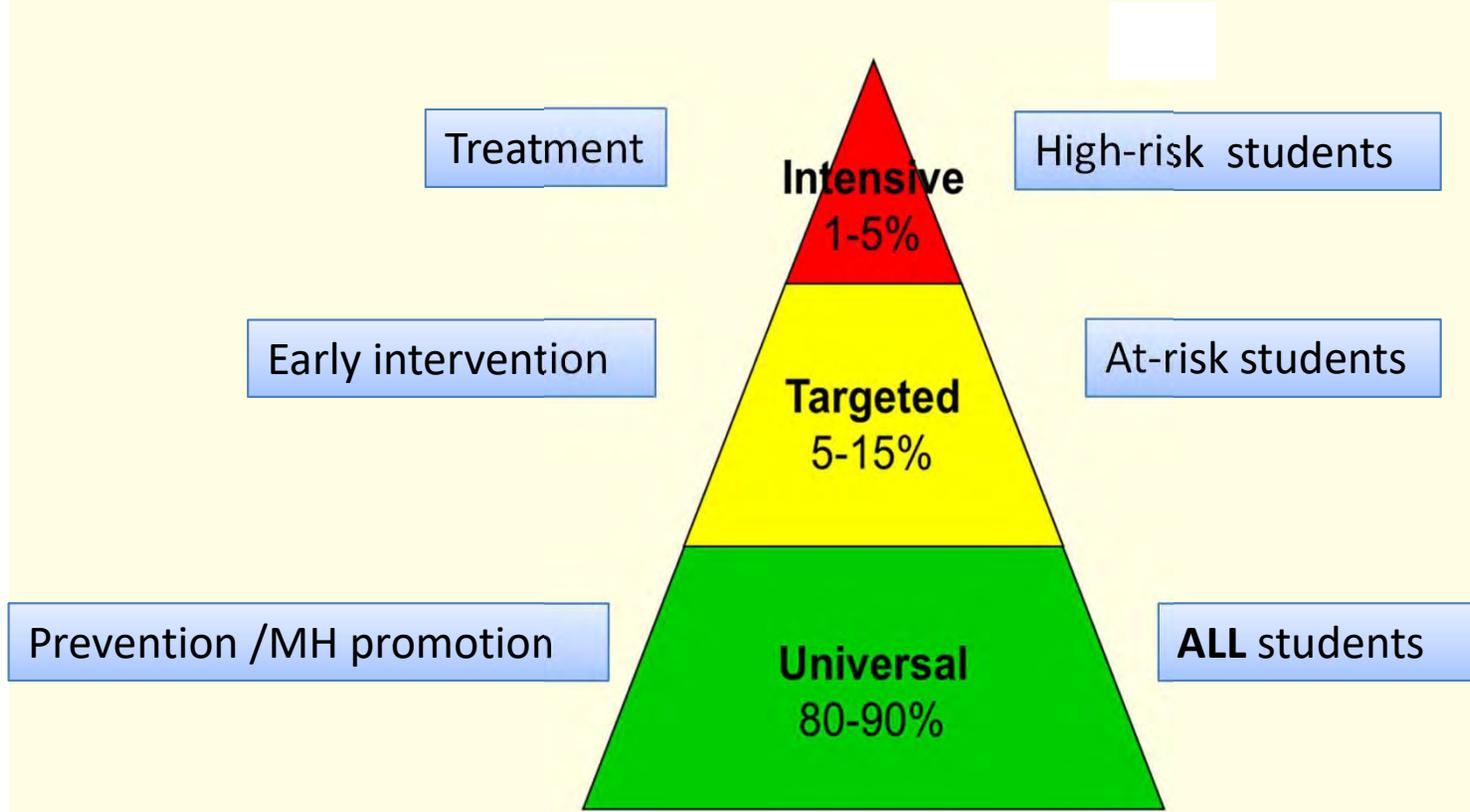
***Expanded School Mental Health (ESMH)*** refers to programs that build upon the core services typically provided by schools. It is a three-tiered framework that includes the full continuum of mental health services.

- **ESMH emphasizes**

- services and supports for **ALL students**
- critical link between mental health and academic success
- shared responsibility between schools and community providers
- meaningful involvement of parents and youth
- evidence-based/best practices and programs
- continuous quality improvement

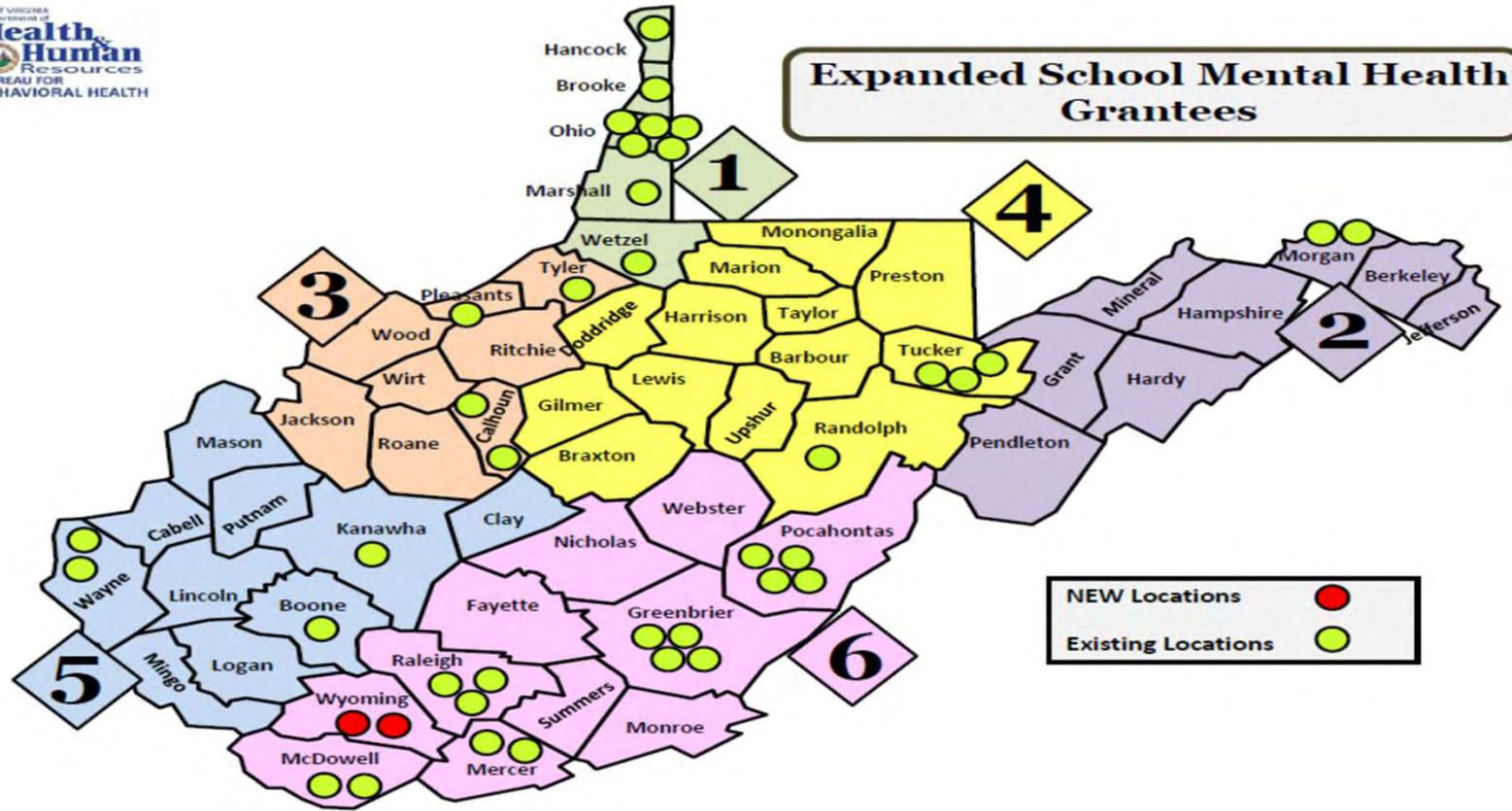
# Expanded School Mental Health

## Multi-tiered System of Student Supports



For more information please visit the Expanded School Mental Health link  
<https://livewell.marshall.edu/mutac/mental-health/about-school-based-behavioral-health-programs-in-wv/>

# Map of ESMH



09-04-18

# Children's Mobile Crisis Response

## Children's Mobile Response and Stabilization Teams

- Assist children and youths who are experiencing emotional or behavioral crises by interrupting the immediate crisis by providing safe and supported practices
  - Supports needed to return youth and families to routine and maintain children in their home/current living arrangement, school and community whenever possible.
  - Links children and their caregivers to services in the community, involves families in treatment, and avoids unnecessary hospitalization or residential treatment
  - Provides 24/7 response at the site of the crisis
    - Evaluation and Assessment
    - Crisis Intervention and Stabilization up to 72 hours
    - Transition Planning and Follow-up
- **United Summit Center** currently serves Barbour, Braxton, Doddridge, Gilmer, Harrison, Lewis, Marion, Monongalia, Preston, Randolph, Taylor, Tucker, and Upshur Counties.
- **FMRS** currently serves Raleigh County and surrounding area in West Virginia.

***To access this service in one of the above Counties please contact 1-844-HELP4WV or:  
United Summit Center 1-844-WVKIDS-1  
FMRS 304-256-7100***

# Children's Mental Health Wraparound

## Children's Mental Health Wraparound Initiative

- Individualized, strengths-based, trauma-focused planning and intensive intervention delivered in a community-based setting that safely preserves family relationships and empowers children & families to meet their own needs.
- Evidence-based, modeled on the National Wraparound Initiative and WV's Safe At Home program (SAH).
- Serves children with Severe Emotional Disturbance (SED)/complex support needs IN PARENTAL CUSTODY who are in or at risk of placement in an intensive psychiatric treatment setting.
- Referral and intake through Bureau of Behavioral Health and Health Facilities (BBHFF).

*The National Wraparound Initiative website <http://nwi.pdx.edu/>*

# Children's Mental Health Wraparound

## Children's Mental Health Wraparound Initiative Continued

### Eligibility Criteria:

- Currently there are 6 counties: Cabell, Kanawha, Raleigh, Marion, Harrison, Berkeley
- 0-21 years of age
- If the youth is 12-17 years of age, involved with CPS/YS, eligible for Safe at Home (SAH), they should be referred to SAH as that would make them ineligible for our wraparound.
- Must be in parental custody and willing to participate.
- Must have a diagnosis.
  - They can have I/DD or autism but that shouldn't be the primary diagnosis. If they are eligible for waiver and/or on the waitlist for title 19 we can consider them. If they are already received a waiver slot and receiving services they would not be eligible.
- We look to see if there are problems in the home, at school and the community.
- Must be at risk of placement.
- If in a parental placement they must be ready for discharge.

# Children's Mental Health Wraparound

## Children's Mental Health Wraparound Initiative (continued)

### How to make a referral

Contact **Tahnee Bryant 304-356-4820** or email the completed referral form to [Tahnee.I.Bryant@wv.gov](mailto:Tahnee.I.Bryant@wv.gov)

### Referral Process

- Referral Received
- Follow up with the family
  - Educate Families about the wraparound initiative
  - Additional Information Gathering
- Review Team-Decision Making- Meets approximately once a week
- Follow up with the family regarding the decision and next steps
  - Accepted Referrals-Let them know what to expect and what agency will be contacting them.
  - All information received and gathered provided to the agency to begin wraparound services
  - Declined Referrals-Share review team recommendations and resources

# Early Serious Mental Illness (ESMI) (FEP)

**BBH funds a program that follows best practice design to address Early Serious Mental Illness (FEP, First Episodes Psychosis). The program is called Quiet Minds.**

**The purpose is through the model known as Coordinated Specialty Care, there is an emphasis on**

- **Outreach**
- **Assessment**
- **Treatment**
- **Community resources**
- **Supportive employment**
- **Education**
- **Health promotion**
- **Advocacy**

**The goal is to facilitate early identification and treatment of psychosis in a collaborative, recovery-oriented approach involving individuals experiencing first episode psychosis, and therefore reduce the disruption to the young person's functioning and psychosocial development.**

# ESMI (FEP)

## Eligibility criteria includes:

- 15 and 25 years of age, and their families, who are experiencing a first episode of psychosis
- DSM-5 diagnostic criteria: schizophrenia, schizoaffective disorder, and schizophreniform disorder, as well as other specified/unspecified schizophrenia spectrum and other psychotic disorders
- individuals having experienced psychotic symptoms lasting at least one week but less than two years
- Individuals who have had not more than 18 months of prior cumulative treatment with antipsychotic medication

## Rule outs include:

- substance/medication-induced psychotic disorder
- psychotic disorder due to another medical condition
- bipolar disorder with psychosis
- depressive disorders with psychotic features
- serious or chronic medical illness significantly impairing function independent of psychosis
- intellectual disability evidenced by an IQ of less than 70

## Service types:

- coordination/case management services
- supported employment/education
- low dose medication treatment
- individual therapy
- social skills training
- peer support
- family support/education services
- Specialized services such as trauma therapy and multifamily therapy will be offered
- physical health is emphasized and encouraged

For more information please view the website <http://quietminds.youthservicessystem.org/>

# Regional Youth Service Centers (RYSC)

**Design and purpose: Center of excellence that coordinates a spectrum of community-based services to provide meaningful partnerships with families and youth with the goal of improving youth's functioning in the home, school and community.**

**Increase access and availability of services and supports for youth and transitional young adult (12-24)**

**Center in each of the 6 Regions**

**Components of the center:**

- **Full Continuum of care**
- **Community Based treatment and services**
- **early detection, treatment, and recovery support services for substance use disorders, mental health and co-occurring disorders**

# RYSC

## REGION 1

*Brooke, Hancock, Ohio, Marshall and Wetzel Counties*

Youth Service System  
87 15th St  
Wheeling, WV 26003  
304-233-9627

## REGION 2

*Grant, Hampshire, Hardy, Mineral and Pendleton Counties*

Potomac Highlands Mental Health Guild, Inc.  
P.O. Box 1119  
7 Mountain View Street  
Petersburg, WV 26847

## REGION 3

*Wood, Tyler, Pleasants, Ritchie, Wirt, Calhoun, Roane and Jackson Counties*

Westbrook Health Services  
2121 East Seventh Street  
Parkersburg, WV 26101  
304-485-1721

## REGION 4

*Braxton, Doddridge, Gilmer, Harrison, and Lewis Counties*

United Summit Center  
6 Hospital Plaza  
Clarksburg, WV 26301  
304-623-5661

## REGION 5

*Cabell, Lincoln, Mason and Wayne, Boone, Clay, Kanawha and Putnam Counties*

Pretera Center for Mental Health Services  
14 West Washington St., Suite 201  
Charleston, WV 25302  
304-341-0511

## REGION 6

*Fayette, Monroe, Raleigh and Summers Counties*

FMRS Health Systems, Inc.  
101 South Eisenhower Drive  
Beckley, WV 25801  
304-256-7139

# Regional Highlights

- **Prevention Lead Organization**
  - What the PLO's are doing for youth in the region.
- **Partnerships For Success**
  - How the selective and indicated activities will be geared for youth.
- **RYSC**
  - Teen Intervene
  - Seven Challenges
  - Seeking Safety
  - SMART Recovery
  - Regional Youth Recovery Specialist

# Contact Information



**Bureau for Behavioral Health and Health Facilities (304) 356-4811**

## **Children's Office Staff**

Nikki Tennis, Office Director - [Nikki.A.Tennis@wv.gov](mailto:Nikki.A.Tennis@wv.gov)

Cassandra Toliver, Program Manager II – [Cassandra.L.Toliver@wv.gov](mailto:Cassandra.L.Toliver@wv.gov)

Kim Harrison, Program Manager I - [Kimberly.J.Harrison@wv.gov](mailto:Kimberly.J.Harrison@wv.gov)

Chris Orcutt, FDA Program Manager - [Robert.C.Orcutt@wv.gov](mailto:Robert.C.Orcutt@wv.gov)

Biddy Bostic, SYNAR - [Biddy.C.Bostic@wv.gov](mailto:Biddy.C.Bostic@wv.gov)

Patty Hughes, HHRSS - [Patty.L.Hughes@wv.gov](mailto:Patty.L.Hughes@wv.gov)

Cari Stone, HHRSS - [Cari.J.Stone@wv.gov](mailto:Cari.J.Stone@wv.gov)

Josh VanBibber, Program Manager I - [Joshua.E.VanBibber@wv.gov](mailto:Joshua.E.VanBibber@wv.gov)

Tahnee Bryant, HHRSS, [Tahnee.I.Bryant@wv.gov](mailto:Tahnee.I.Bryant@wv.gov)

## **BBHMF Office of Children, Youth and Family Website**

<http://dhr.wv.gov/bhhf/Sections/programs/ProgramsPartnerships/ChildandAdolescent/Pages/ChildAdolescentBehavioralHealth.aspx>